

Response from our Members

"I thought that it was very nice to not only go to the doctor and have checkups, but to talk to someone else and know that my questions would be answered."

"The support and encouragement of the program meant the most to me, keep up the good work."

"The best part of the program was having one person, a nurse, that I could contact for questions or concerns."

"It is nice to know my insurance carrier know what's going on and I am not just another number."

Bluegrass
Family Health

Bluegrass **Family Health**

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*Special Delivery*SM Maternity Program



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Special Delivery Maternity Program

As a part of the Bluegrass Family Health (BFH) family, we want to give you support during your pregnancy through our Special Delivery Maternity program. This voluntary, educationally based program is not a substitute for the care and information provided to you by your doctor, but a compliment to his/her expertise. As an introduction to the program, you will receive the comprehensive guide, “Planning Your Pregnancy and Birth”. Following your enrollment, a Special Delivery nurse will contact you to talk about your pregnancy and general health. Your Special Delivery nurse will customize a plan tailored to your specific needs. The nurse can also provide guidance, support and referrals to community resources, if appropriate.



Program Enrollment

The physician providing you with maternity services should notify BFH about your pregnancy. Once notification has been received, Special Delivery program enrollment materials will be sent to you including a prenatal questionnaire. You may also choose to self refer via a secure link on www.bgfh.com/maternity.html or by calling BFH and asking for the Special Delivery program. Once the prenatal questionnaire is returned and/or completed online, you will be officially enrolled and be able to enjoy the benefits the program has to offer.

High Risk OB Case Management

If the pregnancy is identified as high-risk according to the guidelines of the American College of Obstetricians and Gynecology (ACOG), BFH will follow your progress through our case management program. A dedicated RN Case Manager will assist in OB care coordination.

Frequently Asked Questions

- Q:** Does this have to be my first pregnancy to enroll in the program?
- A:** No, Bluegrass invites and encourages all its members who are pregnant to enroll.
- Q:** Is someone available to answer my questions I have throughout my pregnancy?
- A:** Yes, the Special Delivery program has a RN Case Manager with both Pediatric and OB experience available to answer your questions or refer to your doctor Monday through Friday 8-5 EST.